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Mothers' UNION

Christian care for families

March e-Newsletter 2024



With Mothering Sunday just around the corner and the daffodils and crocuses blooming, spring is well and truly here.

After a long, and for some, challenging winter, spring offers a timely reminder of how life is ever-changing. We believe that even when we cannot see it, change is happening. Roots are stretching out beneath the ground, shoots are breaking through the soil, the days are becoming longer and the sun is making a more regular appearance.

Spring always fills us with hope, because we know change is on its way.

In Ecclesiastes 3, we're given a picture of life. *"Everything has a season...a time to plant, to build, to dance, to heal and so forth."* In the midst of difficulty, we know that every season passes.

We pray you will be filled with hope today as we approach this new season and look forward to what God is doing in and through us this year.

Blessings,

From all of us at Mary Sumner House



[Last chance to buy a Gift of Dignity for Mothering Sunday!](#)

We don't want you to miss the opportunity to buy a Gift of Dignity for your mother, auntie, carer or significant woman in your life. You can also make a gift in memory of a loved one, and help their legacy to live on.

[Give a gift that could create lasting change and turn the tide on gender inequality around the world.](#)

[You will receive a card that explains your gift, plus a beautiful Mothering Sunday greetings card, but hurry, as the deadline for cards is tomorrow!](#)



RISE UP at the C of E General Synod

"We want you to know that Mothers Union is alive and kicking. We are influencers, decision makers and activists, passionate about making a difference for people in the UK and around the world." – Emily Brailsford, Domestic Abuse Manager

Last Monday, we held a fringe event at Church of England's General Synod about RISE UP, our campaign against domestic abuse. We're delighted that over 25 people attended, including the Archbishops of Canterbury and York. Our campaign has already been rolled out in 40 branches and 20 dioceses across Britain and Ireland.

[Find out more about this brilliant event.](#)



International Women's Day

This week, we mark International Women's Day - a moment to pause, contemplate, and renew our commitment to advancing gender equality. Each International Women's Day, we remember that we are standing on the shoulders of those who have come before us, the women who paved the way for our potential.

[Read our latest article on IWD here.](#)

You can follow our social media series all this week including a special video we put together to demonstrate how women are always at the very heart of Mothers' Union on Friday (International Women's Day.)

Follow us on **[Facebook](#)** and **[Instagram](#)** here.



"They would steal my money because I couldn't count..."

"Now [thanks to the literacy programme], I can spend my money wisely because of what we have learned. With the knowledge we got, we are doing many things."

Despite the challenges of illiteracy, conflict and war, Grace can now grow her own vegetables and build her own businesses. Now her family's nutrition has improved and she can send her children to school whilst saving for the future - outcomes that will positively influence Grace's family for the generations to come.

Being a Mothers' Union member helps to transform lives. Thanks to your donations and subscriptions, women like Grace can lift themselves out of poverty.

Midday Prayers

Our daily Midday Prayers are a time of community for members right across the globe, and we are encouraged by how many of you take part and draw strength from this fellowship. You can get involved by [checking out our Facebook page](#), where you'll find the midday prayers posted daily at noon.

Have you got a story to share?

We'd love to hear about it. Drop us an email at communications@mothersunion.org



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